

Welcome to the 32nd Women in Nuclear (WiN) Global Annual Conference agenda.

We're delighted that you're joining us for an inspiring week dedicated to reshaping the narrative around nuclear energy. From main stage plenaries and 1 hour breakout sessions, to 20 minute technical presentations and papers sourced from professionals across the nuclear industry, the agenda combines expert insights with fresh perspectives ensuring a dynamic and diverse experience that reflects the exciting evolution of the nuclear sector.

We're excited to share the agenda for the WiN Global Annual Conference 2025 with you! Our goal has been to create a dynamic and engaging experience through a mix of plenary and breakout sessions, as well as those all important networking and refreshment breaks.

In shaping this year's programme, we've been intentional about embracing diversity and inclusion. So, as you look through that lens, please remember that diversity is not limited to visible characteristics such as gender, age, or ethnicity—it also includes less visible dimensions like religion, sexual orientation, neurodiversity, culture, and more. Inclusive participation was also central to our planning. We invited our global community to submit abstracts aligned with our theme, "Positively Nuclear: Influencing our Future." The response has been incredible, and our breakout sessions reflect the rich variety of topics contributed by members of the WiN network.

BREAKOUT SESSIONS INCLUDE:

1. Breakout Sessions

One-hour sessions developed in collaboration with a range of organisations, offering a wide selection of topics tailored to our delegates' interests.

2. Technical Papers and Personal Development Sessions

These shorter presentations—gathered through our global call for participation—cover a diverse array of technical and professional topics. They'll run alongside the workshops in dedicated breakout spaces.

Please note that all breakout sessions operate on a first-come, first-served basis, so we encourage you to arrive promptly to secure your preferred session. No matter which session you choose, we're confident you'll walk away with fresh insights and a rewarding experience.

Welcome to London!

We hope your time with us is inspiring, energising, and memorable. Thank you for being part of this global event.





GREAT + BRITIS

Day one - Monday 14th July Park Plaza, Westminster, Grand Ballroom

Start	End	MONDAY 14TH JULY	LEAD		
07:30	09:00	Arrival, Registration and Networking			
09:00	09:10	Opening and Introduction	Jack Gritt, Executive Director, WiN Global		
09:10	09:20	Formal Opening of Conference Clare Sharpe, President, WiN UK			
09:20	09:30	Welcome from WiN Global	Melina Belinco, President, WiN Global		
09:30	10:05	Positively Nuclear	Dr Joanne Lackenby, Former President of the Australian Nuclear Association and WiN Australia		
0:05	10:15	Associate Sponsor: Great British Nuclear (GBN)	Gwen Parry-Jones, OBE, CEO, GBN		
0:15	11:00	Coffee Break and Networking			
			Sama Bilbao y Leon, Director General, World Nuclea Association Noxolo Kunene, President WiN South Africa, Senior Manager in Regulatory Compliance, South African Nuclear Energy Corporation (NECSA)		
11:00	11:50	Panel session – Climate Countdown:	Lou Martinez, Chief Technology Officer, Westinghouse		
1.00	1.50	The Race to Net Zero	Ananda Buchanan, Principle Consultant, PA Consulting		
			Helena Perry, Regulatory Affairs and Safety Director, Rolls-Royce SMR		
			Dr Rebecca Weston, Director General, Ministry of Defence		
1:50	12:05	Minister of State DESNZ	The Rt Hon Lord Hunt of Kings Heath OBE		
2:05	12:20	Keynote speech	Director General Rafael Mariano Grossi, IAEA		
2:20	12:25	Introductions to Breakout Sessions	Vicki Dingwall, Talent Development Lead, GBN		
2:25	13:25	Lunch			
3:25	14:25	Breakout Sessions - delegates to choose one to attend			
		Our Inspiring Career Journeys			
		Navigating Healthcare Leadership: My Journey as the Head of Radiopharmacy in a Newly Established Nuclear Medicine Centre	Elizabeth Wangari Itotia, Head of Radiopharmacy a Kenyatta University Teaching, Referral, and Researcl Hospital (KUTRRH)		
		The Uncomfortable Yes	Judith Griffiths, Regional Quality Manager, Bechtel		
	Park 6 & 7	Returning to the Nuclear Industry - A Journey of Belonging and Purpose	Mariam Thomas, Assistant Project Manager, Mott MacDonald		
		Project Manager Apprenticeships in the Nuclear Industry: A Perspective from Employer and Apprentice	Rachel Crane, Associate Project Manager, Mott MacDonald		
		A Letter to my 18 Year Old Self	Samantha Thompson, Incident and Injury Free Manager, Urenco		
		Going with the Flow: Channelling Success in Microfluidics for Nuclear Science and Safety	Sarah E. Lu, Postdoctoral Researcher, Los Alamos National Laboratory		
		Fostering Women's Involvement in the Nuclear Industry in Sub-Saharan Africa: Case Study of Nigeria	Chioma Patricia Egwuogu, Head of the TRXF Laboratory, Nigeria Atomic Energy Commission		
2	Plaza 1	Where Are the Women? Addressing Gender Imbalance in Japan's Nuclear Sector: Progress and Challenges in Promoting Diversity and Inclusion	Dr. Yoko Kobayashi, Director of the Atomic Energy Society of Japan (AESJ)		
		Harnessing Demographic Data to Cultivate Diversity and Inclusiveness in Uganda's Nuclear Industry: Implications for Regulatory Oversight	Kukiriza Grace, Senior Radiation Protection Officer, Uganda Atomic Energy Council		
3	Plaza 2	Strategic Influencing for Energy Transition	Dr. Safa Abdo, WiN Global Young Generation Larissa Noudem, Radiological Protection Expert, DGA		
4	Plaza 3	Catalysts for Change: Women in Nuclear and Global Goals	Arun Khattan, Sustainability Manager, NDA Amanda Mbhele, Scientist, South African Nuclear Energy Corporation		

Start	End	MONDAY 14TH JULY	LEAD		
5	Plaza 4 & 5	Reading the Room - A Completely Ethical Unfair Advantage	Alex Pett, Director, River Leadership		
6	Ballroom	Menopause Unmuted: Awareness to Action Sarah Davies, CEO, empower4life Donna Howarth, CEO, Middle East Menopa Organisation			
14:25	15:10	Coffee Break and Networking			
15:10	16:10	Breakout Sessions - delegates to choose one to attend			
1	Park	Leadership and Development			
	6&7	Enhancing Leadership and Personal Development in Regulating Ionizing Radiation for Peaceful Applications	Tina Baradaran, PhD student in Nuclear Engineering Education, University of New South Wales		
		Advancing Leadership and Personal Development: Building a Resilient Future for the Nuclear Industry	Emily Kanyir Nyuur, Public Relations Officer, Nuclear Regulatory Authority, Ghana		
		Inclusion, Belonging & Safety – The Critical Link	Gemma Whittick, Chartered Mechanical Engineer and Project Manager, Bechtel		
2	Plaza 1	Raise Energy Literacy Through Play with Megawatt!	Miguel Trenkel Lopez		
3	Plaza 2	The Nuclear Nexus Game Henry Preston, External Communication Manager, WNA Joel Watkins, Communications & Progr Management Expert, WNA			
4	Plaza 3	Let's get Clear about Nuclear	Lisa McBride, Country Leader, Small Modular Reactors, GE Hitachi		
5	Plaza 4 & 5				
6	Ballroom	om The Social Impact of Youth Communities in the Nuclear Sector (kindly sponsored by Nuvia) WIN Global Young Generation Muna Al Suwaidi, Senior WANO APOC Sp ENEC Larissa Noudem, Radiological Protection DGA			
16:10	16:25	Global Inclusion: Updates from Chapter Presidents WiN Chapter Presidents			
16:15	16:30	Headline Sponsor: Atkins Realis Chris Conbey, Managing Director for Nucl Power in the EMEA Power in the EMEA			
16:30	17:00	Day 1 Conference Close			
17:00	18:30	30 Delegate free time			

EVENING EVENT WELSH NIGHT: WIN GLOBAL AWARDS CEREMONY VENUE: GRAND BALLROOM

Start	End	MONDAY 14TH JULY	LEAD
18:30	19:15	Registration and pre-awards networking with drinks	
19:15	19:30	Call to dinner with Welsh Harpist	Gwenllian Llyr
19:30	19:35	Evening Introduction	Ffion Morris, Engineering and Maintenance Manager, NRS
19:35	19:45	Sponsor Speech and Welcome: Nuclear Decommissioning Authority	David Peattie, CEO, Nuclear Decommissioning Authority
19:45	20:15	Food Service Commences	
20:15	20:30	Violin Recital	Grace Stanke, Nuclear Engineer, Constellation, former Miss America
20:30	20:35	Opening of Awards Ceremony	WiN Global
20:35	20:45	Sponsor Presents Nuclear Future Award	Νυνία
20:45	20:55	Nuclear Future Winner	To be announced!
20:55	21:05	Sponsor presents Excellence Award	International Framework for Nuclear Energy Cooperation
21:05	21:20	Sponsor presents Honorary Award	Emirates Nuclear Energy Corporation
21:20	22:10	A Cultural Journey of Wales in Song	The London Welsh Male Voice Choir
22:10	22:30	Event close	

Day two - Tuesday 15th July Park Plaza, Westminster, Grand Ballroom

Start	End	TUESDAY 15TH JULY	LEAD		
08:00	09:00	Arrival and Networking			
09:00	09:05	Opening and Introduction	Lisa McBride, Country Leader, Small Modular Reactors, GE Hitachi		
09:05	10:00	Becoming an Influencer	Grace Stanke, Nuclear Engineer, Constellation, former Miss America		
10:00	10:30	PhD in Inclusion and Diversity and CPCT	Emily Hutchinson, Occupational Psychologist, Apply Psychology		
10:30	11:15	Coffee Break and Networking			
11:15	11:25	Headline Sponsor: Amentum	Illy Andrews, Vice President, Defence and Asset Solutions		
			Fiona Rayment, WiN UK Patron		
			Jake Moorman, Site Evaluation Technical Support, NWS, NI YGN International Liaison Lead		
11:25	12:20	Panel: Empowering Change - Exploring the Impact of Mentoring	Sophie Malcom, Nuclear Process Engineer, Mott Macdonald		
			Lisa Armstrong, Chief Diversity and Inclusion Officer, Bechtel		
			Hannah Thomspon, Operations Director, Assystem		
12:20	12:30	Headline Sponsor: EDF	Michelle Hoy, Nuclear Operations, Technical director, EDF		
12:30	13:30	Lunch			
13:30	14:30	Breakout Sessions - delegates to choose one to attend			
		Nuclear Technology and Innovation			
		Innovative Approaches to Hazard Assessment in SMRs: Enhancing Safety and Efficiency	Belen Guerra, Nuclear Safety Engineer, AtkinsRéalis		
	Park 6	Unlocking the Power of Data: The Future of Asset Management in Safety-Critical Industries	Innes Auchterlonie, Chairman and CEO, IMRANDD		
		Modern Electrical Systems for Beyond Design Basis Events (BDBEs) at Nuclear Power Plants	Shinjini Biswas Sandhu, Technical Engineering Manager, Candu Energy Inc.		
		Nuclear Safety and Security			
		Mitigating Complacency in Nuclear Security: A Practical Approach for Yogyakarta Nuclear Complex	Anindya Drysca Kurniasari, Nuclear Security Officer, The National Research and Innovation Agency of the Republic of Indonesia		
2	Park 7	Cultural Barriers to Common Global Safety and Non- Proliferation Policies and Strategies	Bogalech Tiefu Kejela, Radio-analytical Laboratory Analyst, Ethiopian Technology Authority		
		Nuclear Safety Culture and Human Performance: Techniques for Creating a Strong Safety Culture and Optimising Human Performance in Nuclear Environments.	Ms. Nakwaku Dorothy, Senior Operations and Administration Officer, Ugandan Atomic Energy Council		
		Future Technology			
		Small Modular Reactors: Unlocking Global Opportunities	Danica Tie, Graduate Mechanical Engineer, Mott MacDonald		
3	Plaza 1	Optimising ITER Fusion Energy Performance	Elina Militello Asp, Transport and Scenario Modelling Group Leader, UKAEA		
		Component Reliability Data and Initiating Event Frequency for SMR Probabilistic Safety Assessment (PSA)	Sun Yeong Choi, Principle Researcher, Korea Atomic Energy Research Institute		
		Diversity in Nuclear			
		Increasing Hijab Awareness for Improved Inclusiveness in Nuclear	Laila Siddiqui, Senior Chartered Chemical Engineer, AtkinsRéalis		
4	Plaza 2	Next Gen Needs Nuclear – But what do their Parents Think?	Nicole Lee, Partnerships Lead, Racial Equality in Nuclear (REiN)		
		Too Cool to be called Disabled: Disability Awareness, Hidden Disabilities and how to Include someone with a Disability	Sara Rymer, Supply Chain Manager, Westinghouse Electric		

Start	End	TUESDAY 15TH JULY	LEAD
		Gender Balance	
		Women's Empowerment in the Nuclear Industry	Mathapelo Silase, National Liaison Officer, Lesotho International Atomic Energy Agency
5	Plaza 3	A Study to Expand Gender Diversity in Engineering Technology Companies	Mihye Choi, Talent Development Team Leader, KEPCO Engineering and Construction
		Gender Challenges in Nuclear Science: Analyzing Inequality and Pathways to Inclusion	Rosa M Jimenez Bermudez, PhD Candidate in Nuclear Engineering, Federal University of Rio de Janeiro
		Leadership and Development	
	Plaza 4 & 5	Application of Kotter's 8 Steps Model for Change Management in Nuclear Energy Transition	Dr. Safa Abdo, WiN Global Young Generation
6		Beyond the Hero Leader: Embracing EQ-driven Client Leadership in the Nuclear Industry	Emma-Jane Houghton, Director of Estate Strategy & Planning, Atomic Weapons Establishment (AWE)
		The Power Trio: Sustainability, Innovation, and Skills to Shape Nuclear's Future	Denise Cárdenas López, Vice President, Strategic Capability and Integrated Delivery, Amentum
7	Ballroom	Robotics Display	To be announced!
14:30	15:15	Coffee Break and Networking	
15:15	15:30	Psychological Safety Moment	Eleri Joyce, Head of Business Improvement, Nuclear Restoration Services
15:30	15:40	Inspiring our Young Generation - Spotlight on Primary and Secondary school competitions	Phoebe Lynch, Strategic Innovation Programme Manager, Nuclear Restoration Services
15:40	15:55	Global Inclusion: Updates from Chapter Presidents	WiN Chapter Presidents
15:55	16:00	Closing Remarks and information about the Gala Dinner	To be announced!
16:00		Day 2 Conference close	
16:00	17:30	Delegate free time	

EVENING EVENT

SCOTTISH NIGHT: GALA DINNER AND WIN UK AWARDS CEREMONY VENUE: GRAND BALLROOM

Start	End	TUESDAY 15TH JULY LEAD			
17:30	18:00	Registration and Welcome Drinks			
18:00	18:15	Call to be seated with Scottish Piper Call to be seated with Scottish Piper Call to be seated with Scottish Piper			
18:15	18:30	Sponsor Speech and Welcome: GE Hitachi	Lisa McBride, Country Leader, Small Modular Reactors, GE Hitachi		
18:30	20:15	Dinner Service Commences	All		
18:45		Display of Scottish Dancing with Piper	Louise Marshall and Award Winning Scottish Dancers		
20:00	20:05	Awards Ceremony Opening during dessert Ee Awards Ceremony Opening during during during dessert Ee Awards Ceremony Opening during			
20:05	20:15	Ally of the Year	Megan Hunt, Chief People Officer, AWE		
20:15	20:25	Mission Possible	To be announced!		
20:25	20:35	Charter Signatory of the Year Award	Dawn Watson, Head of Strategy & Technical, Sellafield		
20:35	20:45	Champion of the Year Award Dipak Arya, Group Head of Diveristy & In Nuclear Decommissioning Authority			
20:45	20:50	Regional Innovation KBR			
20:50	21:00	Technical Excellence Mariacarla D'Orazio, Safety & Licensing Newcleo			
21:00	23:00	Scottish Ceilidh			
23:00		Close			

Day three - Wednesday 16th July Park Plaza, Westminster, Grand Ballroom

Start	End	WEDNESDAY 16TH JULY	LEAD	
08:00	09:00	Arrival and Networking		
09:00	09:05	Opening and Introduction	Hasna Al Blooshi, Nuclear Training Director, Nawah Energy Company	
09:05	09:15	Headline Sponsor: Nuvia	Nicola Edson, Director of Technical Services & Consulting, Nuvia	
			Julianne Antrobus, CEO, NNL	
			Maria Melton, Project Director, Costain	
			Ciara Middlehurst, COO, NTS	
09:15	10:15	Panel: The Nuclear Truth - Debunking Common Misconceptions	Suvojoy Sengupta, Chief Executive Officer India, AECOM	
			Sarah Forman, Global Strategy Director, Urenco	
			Rieko Takaki, Executive WiN Japan, Freelance Nuclear Communicator	
			Margaryta Rayets, President WIN Ukraine	
10:15	10:30	Destination Nuclear: Challenging traditional approaches to recruitment into the nuclear sector	Beccy Pleasant, Nuclear Skills Plan Programme Delivery Lead	
10:30	11:15	Coffee Break and Networking		
11:15	12:15	Keynote Speaker	Dame Kelly Holmes MBE, Double Olympic Gold Champion	
12:15	12:25	Global Inclusion: Updates from Chapter Presidents	WiN Chapter Presidents	
12:25	12:30	Introduction to Breakout Sessions	Vicki Dingwall, Talent Development Lead, GBN	
12:30	13:30	Lunch		
13:30	14:30	Breakout Sessions - delegates to choose one to attend		
		Environment and Sustainability		
	Park 6	Reducing Greenhouse Gases with Practical Uses of Irradiated Recycled Plastics A New Kind of 'Concrete' for Sturdy, Lasting Constructions	Amira Zaouak, Associate Professor, Nuclear Center of Nuclear Sciences and Technologies	
1		Nuclear Technology as a Catalyst for Positive Change: Malaysia's Journey in Shaping a Sustainable Future	Siti Najila Mohd Janib, Senior Researcher, Malaysian Nuclear Agency	
		Analysis Results of Cesium-137 in Seafood from Taiwan's Waters	Ying-Chien, Hou, Deputy Assistant Trade Representative, Office of Trade Negotiations	
		Gender Specific		
	Park 7	Fission Accomplished: Space-Making and Mentoring for Mothers and Others in Nuclear	Julia Barr, Project Manager, Mott MacDonald	
2		Returners: A Diverse and Skilled Solution to Nuclear Skills Growth	Natalie Desty, Founder, STEM Returners	
		Unlocking Women's Potential: The Power of Education and Training in Nuclear	Ninsiima Lynn, Radiation Protection officer, Ugandan Atomic Energy Council	
		Education and Training in STEM		
			Empowering the Next Generation: Tanzania experience on advancing Nuclear Science Education and enhancing Gender Equality in the Nuclear sector	Ms. Agnes Blasi Ngowi, Clinical Audit and Quality Assurance Officer, Ocean Road Cancer Institute
3	Plaza 1	STEM Menina na Nuclear: Empowering Quilombola Girls for a Diverse Nuclear Future	Nicéa Carvalho dos Santos Barreto, Social Responsibility Assistant, Eletronuclear	
		Empowering the Next Generation: Fostering Innovation and Inclusion in Nuclear Education	Nurul Ilyani, Nuclear Security Professional, Malaysia	
4	Plaza 2	Being Positively Nuclear – Influencing your future with positive psychology and strengths approaches (kindly sponsored by AtkinsRéalis)	Caroline Brown, Associate Director, AtkinsRéalis Emily Hutchinson, Occupational Psychologist, Apply Psychology	
5	Plaza 3	Atomic Acumen – Female Experts Advancing Nuclear Technology	WiN Global Groups of Expertise	
		Empowering Nuclear Advocacy: Mastering Social Media	Grace Stanke, Nuclear Engineer, Constellation, former Miss America	

Start	End	WEDNESDAY 16TH JULY	LEAD
7	Ballroom	The Fearless Female Leader Workshop (kindly sponsored Sandra Pinnington	
14:30	15:15	Coffee Break and Networking	
15:15	16:15	Breakout Sessions - delegates to choose one to attend	
		Nuclear Regulatory Affairs	
	Dark	Radiological Emergency Response during RAM Transport Incidents and/or Accidents: An Overview of Challenges and Opportunities in Southeast Asia	Alfitri Meliana, Nuclear Engineer Staff, The National Research and Innovation Agency of The Republic of Indonesia
1	Park 6	The Setting up of a Radio Pharmacy Facility from the Ground Up	Brenda Wandia Wangari, Site Operations Manager, Cyclomeidcal International Kenya
		Ghana's Pioneering Path: Navigating Nuclear Law and Embracing Nuclear Power	Theodora Tawiah Amarh, Senior Associate, Nuclear Regulatory Authority, Ghana
		Nuclear Health and Medicine	
	Park 7	Assessing Health Risk of Polonium-210 Ingestion Via Popular Tunisian Medicinal Plants: A Step in Improving Food Safety	Khaoula Nasr, Centre National des Sciences et Technologies Nucléaires, Tunisia
2		Radiological Justification Criteria of Pediatric Computed Tomography in Kenya	Lonah Ong'ayo, Nuclear and Radiation Safety Specialist, KUTRRH, Kenya
		Enhancing Leadership and Personal Development in Regulating Ionizing Radiation for Peaceful Applications	Barbara Nakasujja, Principal Human Resource Officer, Atomic Energy Council, Uganda
3	Plaza 1	Transforming Lives Together: The Nuclear Impact Party	Alice De Silva, Capital Program Governance, Westinghouse Electric Company US Jamie Reid, Director of Socio-Economics, NDA
4	Plaza 2	Mind the Gap - Boost your Career Confidence and Unlock Your Full Potential	Kathryn Jackson, Founding Member, Women in Change
5	Plaza 3	Atomic Acumen - Female Experts Advancing Nuclear WiN Global Groups of Expertise Technology WiN Global Groups of Expertise	
6	Plaza 4 & 5	Building Self Confidence: Actions to Step into your True Potential	Laurie Fraser, Project Manager, CANDU Owners Group
7	Ballroom	Illroom The Positive Leader - The Power and the Purpose of Influencing Well (kindly sponsored by Cavendish Nuclear) Specialist - Leadership Development Coaching	
16:15	16:30	Global Inclusion: Highlights from Chapter Presidents WiN Chapter Presidents	
16:30	16:40	Headline Sponsor: Cavendish Nuclear	Paul Smith, Managing Director, Nuclear Services
16:40	17:00	Closing Ceremony	To be announced!
17:00		Day 3 Conference Close	

EVENING EVENT ENGLISH/NORTHERN IRISH NIGHT: GRAND CLOSING CELEBRATION VENUE: THE ADMIRALTY

Start	End	WEDNESDAY 16TH JULY	LEAD
18:15	18:30	Guests for Group Walk assemble at front of Park Plaza	
18:30	19:00	Group walk to exclusive hired pub, The Admiralty, Trafalgar Square	
19:00	19:45	Evening event commences, welcome drinks and networking	
19:45	20:00	Sponsor Speech and Welcome: PA Consulting	Andrea Sinnott, Partner, Nuclear Practice, PA Consulting
20:00	21:00	Food is served	
21:00	00:00	Evening Entertainment	
00:00		Close	

Thursday 17th July – Technical Tours

UKAEA TECHNICAL TOUR			
Start	End	Session	
07:30	10:00	Travel to site	
10:00	11:00	Arrival at site (E3) and introductory talk	
11:00	12:00	Group tours	
12:00	13:00	Lunch	
13:00	13:45	Tour of MAST - U	
13:45	14:15	Tour of MRF	
14:15	14:30	Walk to RACE	
14:30	15:00	Tour of RACE from Reception	
15:00	17:30	Travel back to London on buses	

Start	End	Session
06:30	09:00	Travel to site
09:00	10:00	Arrival at building 150, refreshments and VR demonstration
10:00	12:30	Group tours
12:30	14:00	Lunch
14:00	16:30	Group tours
16:30	19:00	Travel back to London on buses

SCIENCE MUSEUM TOUR

Start	End	Session
09:00	09:30	Meet at front of hotel and meet designated group
09:30	10:00	Travel by Tube to Science Museum
10:00	12:30	Tour of Science Museum
12:30	13:30	Break for lunch (self funded)
13:30	16:30	Option 1: Continue tour of Science Museum
13:30	16:30	Option 2: Continue unescorted to explore Harrods, other museums and general area
16:30	17:00	Return to hotel
17:00		Close

Friday 18th July - Cultural Tours

WALKING TOUR

Start	End	Session		
08:45	09:00	Meet at front of hotel and meet designated group		
09:20	10:30	Tour of the Palace of Westminster, Big Ben, Westminster Abbey (no entry, external view only)		
10:50	11:45	Buckingham Palace, Changing of the Guard at 11:00		
12:00	13:30	Market Halls, Victoria, shop and lunch (self funded)		
13:45	14:45	St James Park, The Mall, Admiralty Arch		
14:45	16:00	Trafalgar Square and refreshment stop (option to go to the National Gallery)		
16:10	17:00	Horse Guards Parade, Downing Street, The Cenotaph		
17:00	17:15	Return to hotel walk		
17:15		Close		

BOAT TOUR

Start	End	Session
09:00	09:20	Meet at front of hotel and meet designated group
09:35	10:00	Arrive at Westminster Pier (Ferry point)
10:00	10:30	River Cruise to Tower Bridge
10:30	13:00	Option 1: Tour of Tower of London (£35)
10:30	13:00	Option 2: 10-minute walk to Sky Garden (free)
13:15	14:15	Borough Market and lunch (self funded)
14:30	15:15	Tate Modern
15:45	16:30	Graffiti tunnels and London Eye
16:30	16:45	Return to hotel
16:45		Close

BUSTOUR					
Start	End	Session			
08:45	09:00	Meet at front of hotel and meet designated group			
09:00	12:00	London Red Bus Tour terminating at Covent Garden	20000000000000000000000000000000000000		
12:00	14:00	Covent Garden and lunch (self funded)			
14:10	15:10	Trafalgar Square			
15:20	16:20	Horse Guards Parade, Downing Street, The Cenotaph			
16:30	17:00	Houses of Parliament and Big Ben			
17:00	17:15	Return walk to hotel			
17:15		Close			